



MEN & HEALING

Training and Consultation

It Happens, It Matters:

a one-day training concerning male sexual trauma

Description

It Happens, It Matters is our introductory training on male sexual trauma. It offers a primer on the basic concepts, theories and conceptual approaches to working with male survivors of sexual abuse and assault.

The day starts with an introduction to a male-centred approach to both intervention and counselling – an orientation that speaks directly to men’s experiences. The training then explores aspects of male psychology as well as understanding how this “coding” manifests itself in the lives of men facing adversity. An overview of current research on both male sexual abuse and assault follows. After a review on the onset of trauma, an examination of how the impact of trauma bleeds into men’s lives is explored. The day finishes with case-study examinations of male survivors, with video testimonies serving as expressions of healing.

In many respects, this training is a prerequisite learning experience for participants who wish to engage in intervention strategies with this population.

Audience

This training is ideal for front-line workers who encounter male survivors in the course of their duties. In particular, participants from such sectors as victim services, domestic violence, case management, addictions, mental health, child protection, and the justice system will benefit.

“I found that the mix of lecture and experiential teaching very appropriate. Facilitators were well-informed and very capable [at getting] their information across in a clear fashion. Enjoyed it and intend to use information at my work.” - Training Participant



Curriculum Detail

9:00 a.m. to 4:30 p.m.

Welcome and Introductions

A Primer on Male-Centred Approaches to Therapy

The Intersection of Male Socialization with Male Sexual Victimization:

- The Traditional Male Code
- Gender Role Strain
- Psychotherapy vs. Masculinity
- A Research Primer on Male Sexual Abuse & Sexual Assault
- Cultural Delusions about Male Sexual Victimization

The Aftermath of Sexual Abuse:

- The Human Response to Danger
- Dissociation and the Traumatic Response

The Repercussion of Male Sexual Victimization:

- Mood & Behavioural Disturbances
- Cognitive Impairment
- Gender & Sexuality
- Relational Issues
- Risk Taking/Dangerous Behaviours

The Wobble: An Adaptation of the Dialectic of Trauma in Men's Lives

Asking the Ask: First Steps to Client Engagement

Expressions of the Survivors' Journey:

- Testimony as Healing
- Licenced Screening of *Boys & Men Healing* or *The Bristlecone Project*

Closing Remarks & Evaluation

Lead Trainer

Rick Goodwin, MSW, RSW **Clinical Director**

Rick is a clinician and trainer on issues concerning men's mental health. Much of his work over the past 20 years has focused on male sexual trauma – managing both regional and national initiatives in Canada. Aside from being the Clinical Director for *Men & Healing: Psychotherapy for Men*, he is also the Clinical Trainer for the American non-profit organization *lin6, Inc.* where he conducts training for professionals on issues of trauma and recovery as well as facilitates their online trauma recovery group programming.

His training work on engagement strategies concerning gender, violence and trauma has taken him throughout Canada and the USA as well as Jamaica, England, Japan, Guam, South Korea, Cambodia and India.

Among his publications, Rick co-authored *Men & Healing: Theory, Research and Practice with Male Survivors of Childhood Sexual Abuse* (2009) – a guidebook is now being used to formulate services internationally. He also co-authored the upcoming Australian guidebook *Foundations* (2017) and contributed to three other edited books on the subject. Additionally, Rick was the author for Health Canada in their investigation concerning the correlation between men's experience of HIV and sexual violence.

Rick is the inaugural recipient of the *Attorney General's Award of Distinction* for his work in “developing and implementing innovative victim service programs” (2007).

Additional Information

- Participant handbooks with copies of all presentation materials and other useful resources can be made available.
- Training content can be adapted to the needs of specific audiences.
- An evaluation can be conducted, including a summary of findings prepared for organizers and/or funders.

For training fees and scheduling, please contact:

Rick Goodwin MSW RSW, Clinical Services Director
Men & Healing: Psychotherapy for Men
Ottawa, Ontario, Canada
rick@menandhealing.ca
(613) 482-9363 ext. 400