



MEN & HEALING

Training and Consultation

Core Curriculum:

a one-day training on first-stage engagement with male survivors

Description

This one-day training delivers what many front-line workers request most: a step-by-step training focusing on the process of intake, assessment and the curriculum basics for first-stage engagement with male survivors. This training is applicable to both individual psychotherapy as well as dedicated group programming.

Derived from the evidence-based “Men & Healing” program of working with male survivors, participants in **Core Curriculum** will be guided through the process of providing dedicated services to men. From receiving the client’s first call to the foundational psycho-educational curriculum relevant to individual or group practice, this day accomplishes it all.

Much of the learning will be experiential, lending itself to group engagement and facilitation. All participants will receive the “Men & Healing Participant Guidebook” for this program.

Note: the training **From Conceptualization to Engagement** is a pre-requisite for this training.

Audience

Health care professionals, therapists in private practice, and agency-based counsellors who are actively working on or planning focused intervention strategies (individual and/or group programming) with this population.

“Your Guidebook is being looked at in the UK and EU as the foundation for good practice working with male survivors.” - Bob Balfour, Survivors West Yorkshire, Bradford, UK



Curriculum Detail

9:00 a.m. to 4:30 p.m.

Welcome and Introductions

What Healing Looks Like: Multiple Visions of Recovery & Reconnection

The Case Statement for Phasing of Trauma Services

The Intake Process

Assessment Considerations & Areas of Exploration:

- Angles to “The Ask”
- Universal Screening & the Assessment Process
- Key Areas of Inquiry

The Men & Healing Model of Engagement:

- Session Structure
- Rituals and Processes
- Group Agreements

Model Content (10 modules in all):

- Welcome & Introduction
- The Aftermath of Trauma
- Handling Stress and Crisis
- Drama & Trauma: Relationship Dynamics
- Ego States: Structure & Function
- Trauma & the Male Identity
- Emotions of Trauma: Shame & Rage
- Coping with Shame: Substance Abuse and “Sex Stuff”
- What to Expect Next: The Second Stage of Recovery
- Attachment & Trust

Role Play Scenarios, Group Process Troubleshooting

Closing Remarks & Evaluation

Lead Trainer**Rick Goodwin, MSW, RSW
Clinical Director**

Rick is a clinician and trainer on issues concerning men's mental health. Much of his work over the past 20 years has focused on male sexual trauma – managing both regional and national initiatives in Canada. Aside from being the Clinical Director for *Men & Healing: Psychotherapy for Men*, he is also the Clinical Trainer for the American non-profit organization *lin6, Inc.* where he conducts training for professionals on issues of trauma and recovery as well as facilitates their online trauma recovery group programming.

His training work on engagement strategies concerning gender, violence and trauma has taken him throughout Canada and the USA as well as Jamaica, England, Japan, Guam, South Korea, Cambodia and India.

Among his publications, Rick co-authored *Men & Healing: Theory, Research and Practice with Male Survivors of Childhood Sexual Abuse* (2009) – a guidebook is now being used to formulate services internationally. He also co-authored the upcoming Australian guidebook *Foundations* (2017) and contributed to three other edited books on the subject. Additionally, Rick was the author for Health Canada in their investigation concerning the correlation between men's experience of HIV and sexual violence.

Rick is the inaugural recipient of the *Attorney General's Award of Distinction* for his work in “developing and implementing innovative victim service programs” (2007).

Additional Information

- Participant handbooks with copies of all presentation materials and other useful resources can be made available.
- Training content can be adapted to the needs of specific audiences.
- An evaluation can be conducted, including a summary of findings prepared for organizers and/or funders.

For training fees and scheduling, please contact:

Rick Goodwin MSW RSW, Clinical Services Director
Men & Healing: Psychotherapy for Men
Ottawa, Ontario, Canada
rick@menandhealing.ca
(613) 482-9363 ext. 400