

Re-visioning Men's Anger, Rage & Violence:

Description

Re-visioning Men is based on trauma-informed research examining the links between male childhood trauma and intimate partner violence (IPV). While many practitioners are aware that men who are prone to rage and partner violence have a significant history of childhood abuse, few intervention programs are derived from this research and application.

This training focuses on the clinical implications of adopting a trauma-oriented understanding of rage and violence. In this regard, Re-visioning Men questions whether the currently dominant “power and control” model offers a sufficiently comprehensive picture of the inner world of men who are assaultive. This training presents an alternative, more nuanced and more respectful approach to intervention with this population.

Audience

This training is ideal for a variety of mental health practitioners: addiction workers, case workers, probation and other criminal justice workers, Partner Assault Response (PAR) program staff, forensic mental health service providers, correctional workers, and those front-line staff who have some clinical engagement with men who have experienced trauma.

Note: This training can be offered as a one-day format (with one trainer) or a two-day in-depth training focusing on experiential learning, practice sessions and skills building (with two trainers).

“Amazing educators and necessary training is provided that I can’t find anywhere else!”- Training Participant

Curriculum Detail

9:00 a.m. to 4:30 p.m.

Welcome and Introductions

Situating Men's Anger & Rage in Masculinity Theory:

- The New Psychology of Masculinity
- The Male Code
- Gender Role Strain Pathways for Men
- Psychotherapy vs. Masculinity

Situating Men's Anger & Rage in Trauma Theory:

- The Wobble: An Adaptation of the Dialectic of Trauma

Re-visioning Men's IPV in light of Past Victimization:

- Competing Understandings of IPV
- Prevalence Studies
- Correlation between Childhood Trauma and Men's IPV
- The Cycle of Violence Revisited
- The Shame/Rage Spiral

Issues of Transference & Countertransference

Cognitive Approaches to Inform Intervention:

- Cognition & Anger
- Facts/Perceptions/Story
- False Assumptions

Psycho-dynamic Approaches to Inform Intervention:

- Attachment Theory
- Ego State
- The Drama Triangle
- The Trauma Triangle
- Male Emotional Funnel
- Engagement Strategies

Closing Remarks & Evaluation

Lead Trainer

Rick Goodwin, MSW, RSW **Clinical Director**

Rick is a clinician and trainer on issues concerning men's mental health. Much of his work over the past 20 years has focused on male sexual trauma – managing both regional and national initiatives in Canada. Aside from being the Clinical Director for *Men & Healing: Psychotherapy for Men*, he is also the Clinical Trainer for the American non-profit organization *lin6, Inc.* where he conducts training for professionals on issues of trauma and recovery as well as facilitates their online trauma recovery group programming.

His training work on engagement strategies concerning gender, violence and trauma has taken him throughout Canada and the USA as well as Jamaica, England, Japan, Guam, South Korea, Cambodia and India.

Among his publications, Rick co-authored *Men & Healing: Theory, Research and Practice with Male Survivors of Childhood Sexual Abuse* (2009) – a guidebook is now being used to formulate services internationally. He also co-authored the upcoming Australian guidebook *Foundations* (2017) and contributed to three other edited books on the subject. Additionally, Rick was the author for Health Canada in their investigation concerning the correlation between men's experience of HIV and sexual violence.

Rick is the inaugural recipient of the *Attorney General's Award of Distinction* for his work in “developing and implementing innovative victim service programs” (2007).

Additional Information

- Participant handbooks with copies of all presentation materials and other useful resources can be made available.
- Training content can be adapted to the needs of specific audiences.
- An evaluation can be conducted, including a summary of findings prepared for organizers and/or funders.

For training fees and scheduling, please contact:

Rick Goodwin MSW RSW, Clinical Services Director
Men & Healing: Psychotherapy for Men
Ottawa, Ontario, Canada
rick@menandhealing.ca
(613) 482-9363 ext. 400