



**Dear Friends & Colleagues:**

As summer is almost upon us, we thought we would give you a brief update on our services here, as well as give you a quick snapshot of our training work abroad!

**Our Clinical Programs:**

- The **Phase 1 program** of our flagship trauma recovery program **Men & Healing** will run June 23-26. At this time, we have three seats still open in the program. Note: an individual assessment needs to be completed first!
  - Our **Anger Management Group Program** is currently running, and we are taking new assessments for our September program. Keep in mind, we can
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offer Individual Anger Management at any time.

- The **Emotional Intelligence Group Program** is currently running, and the next cycle of that will start in late July. Assessments for this service can begin at any time.
- Our **Individual psychotherapy** services can be arranged at any time.
- Our **Men & Healing Phase 2 Programs** are currently running Tuesdays, Thursdays, and Thursday evenings. These are the trauma recovery process groups for graduates of Phase 1.
- Our collaborative services at **The Ottawa Mission, John Howard Society, and Daybreak Housing** are going strong. These services provide trauma recovery and Emotional Intelligence programming to low income men free of charge.

Are you a community agency that would like to have in-house programming for your clients? Give us a shout at [info@menandhealing.ca](mailto:info@menandhealing.ca) about how this can be organized!

### **M&H Training Services:**

It's been busy, and it's getting busier:

- In conjunction with 1in6, Inc. we provided a two day training on issues of male sexual trauma for the **US Army at Fort Bliss, Texas.**
  - In March, Rick and M&H colleague David Lisak PhD presented "Men Bleed Too: Engaging Men's Vulnerability" at the **Ending Violence against Women International Conference** in Washington, DC. Cooler yet, the next person on the podium was US Vice President Joe Biden!
  - In May, M&H conducted a one day training for the **Child Advocacy Coalition of Texas.**
  - This month, Rick is off to conduct a five day training for 1in6, Inc. at the **Yokota U.S. Air Force Base in Japan.**
  - At the end of the month, **Men & Healing will represent Canada** at a "closed door" meeting in New York State to discuss international efforts concerning male sexual trauma. A variety of countries will be represented.
  - In August, Rick will be presenting Truth Telling: Towards a Male-Centered Approach to Trauma Therapy at the **National Organization of Victim**
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**Assistance (NOVA) conference** in Atlanta.

- And finishing the summer, Rick will be a co-presenter for 1in6, Inc. in conducting a four-track workshop series at the upcoming **National Sexual Assault Conference in Washington, DC.**

Would you like to bring our training to your organization or community? Send your request to [rick@menandhealing.ca](mailto:rick@menandhealing.ca)

Best, Rick & Team

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***It's about men. It's about time.***